

# Joint Replacement Educational Class

Sutter Davis Hospital offers a monthly Joint Replacement Pre-op Educational Class. All patients are encouraged to attend before surgery. The goal is to prepare you for your surgery by familiarizing you with the pre- and post-operative procedures and goals for recovery.

## TOPICS

- Admission Process
- Nutrition
- Pain Management
- Physical Therapy
- Discharge Planning
- Pre-home Preparation

## WHEN

2nd Wednesday of each month from 3-5 p.m.

## WHERE

Sutter Davis Hospital, 2000 Sutter Pl., Davis  
Meet in the main lobby  
Classes are held in the First Floor Meeting room adjacent to the Cafeteria

## RSVP

530-750-5223



*Sutter Davis  
Hospital*

A Sutter Health Affiliate

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